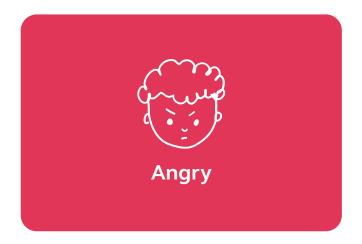


Feelings chart



















Feelings chart

Angry

Cranky Dismayed **Furious Frustrated** Irritable **Impatient** Mad Outraged Grumpy Resentful Bored Appalled **Betrayed** Disgusted Annoyed Dislike



Hate
Horrified
Hostile
Repulsed
Volatile
Frazzled
On edge
Rattled

Confused

Baffled
Bewildered
Dazed
Lost
Mystified
Perplexed
Puzzled
Torn

Jealous
Envious
Happy and sad
Pressured
Mixed up
Disconnected
Alienated
Aloof

Apathetic
Bored
Cold
Detached
Distant
Overwhelmed
Stressed out
Vulnerable

Sad

Unhappy
Upset
Depressed
Embarrassed
Distracted
Abandoned
Numb
Uninterested

Withdrawn Worn out Burnt out Depleted Exhausted Tired Sleepy Weary

Agony
Anguished
Disappointed
Discouraged
Disheartened
Grief
Heartbroken
Miserable

Distressed



Dejected
Despair
Gloomy
Heavy hearted
Wretched
Longing
Pining
Helpless

Private
Left out
Rejected
Betrayed
Trapped
Invisible
Powerless
Silenced

Uneasy

Anxious

Unsettled

Happy

Excited
Glad
Happy
Liked
Loved
Optimistic
Friendly
Hopeful

Amazed Confident Relieved Proud Safe Secure Grateful Amused



Delighted
Pleased
Calm
Comfortable
Trusting
Curious
Surprised
Warm

Scared

Afraid
Frightened
Nervous
Shy
Tense
Panicked
Fidgety
Shocked
Panicky

Petrified Suspicious Terrified Worried Disturbed

Worried Distressed
Disturbed Distraught
Restless Jittery
Startled Fragile
Troubled Guarded
Uncomfortable Shaky





